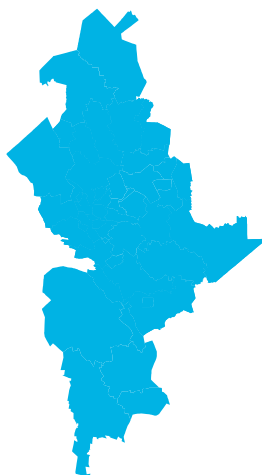




QUALITY OF LIFE

QUALITY OF LIFE

“Nuevo León: Highest living standards in México”,
according to Mercer's 2018 worldwide ranking.



Nuevo León has 4 of the 10 best cities to live in Mexico.
According to “Best cities to live in Mexico 2018”, San Pedro Garza García has the best quality of life in the country, San Nicolás de los Garza, Guadalupe and Monterrey also appeared in the top 10 list.

Overview



15 certified
hospitals



13 direct
international flights



1,700 high
cuisine restaurants



+30 modern
shopping centers



8 golf
courses



52
museums

Cultural facts

Considered as the second state in economic importance of the country, it also offers a complete infrastructure open to receive the most experienced and demanding visitors with a wide cultural and entertainment offer.

If you are coming for business or planning to live here soon, there are some cultural facts that you should know about Nuevo León:

- People from Nuevo León are best known as "Regios" in other parts of the country.
- It has a strong business and hard working culture because of its industrial roots.
- The family is one of the most important pillars of the population of Nuevo Leon, and it is very common to see parents and children of all ages meeting constantly.
- The State has two professional soccer teams, Tigres and Rayados, known for having the best and largest fans club in the country. Both of them have their own stadium with a capability of 45,000+ people. If you are planning to come and live here, you should be considering to support one of these teams!
- The "carne asada" is one of the most important weekend traditions of Nuevo Leon, where family and friends gather together in houses to grill meat.



Healthcare

Nuevo León is know for having a great healthcare system, not only because it hosts two of the top ten ranked medical schools in Mexico, but also for having more than 10 certified hospitals.

Ethics, quality, kind assistance and treatment processes all bound to international quality and safety standards.

Nuevo León is a top destination for medical tourism in Mexico.



1,359 hospital beds.



State of the art technology.



Highly skilled and trained human resources.

Comparative costs

PROCEDURE	UNITED STATES	NUEVO LEÓN
Coronary Bypass	\$36,000 USD	\$8,800 USD
Hip Joint Replacement	\$33,000 USD	\$14,400 USD
Facelift	\$11,000 USD	\$5,500 USD
Gastric Bypass	\$25,000 USD	\$12,000 USD
Robotic Assisted Prostectomy	\$49,000 USD	\$24,700 USD



Restaurants

Nuevo León has been characterized by its distinguished cuisine. Its food has captivated the palate of more than one. These are some of the best restaurants that the state has to offer located mainly in the cities of Monterrey and San Pedro:

Mexican Food (+\$15 USD per person)

Vasconcelos Restaurante

La Nacional

La Embajada

El Gran Pastor

Restaurante San Carlos

International Food (+\$25 USD per person)

The Capital Grill Monterrey

La Gran Barra

La Buena Barra

Pangea

El Gallo 71

Mochomos Monterrey

Japanese Food (+\$25 USD per person)

Senor Tanaka

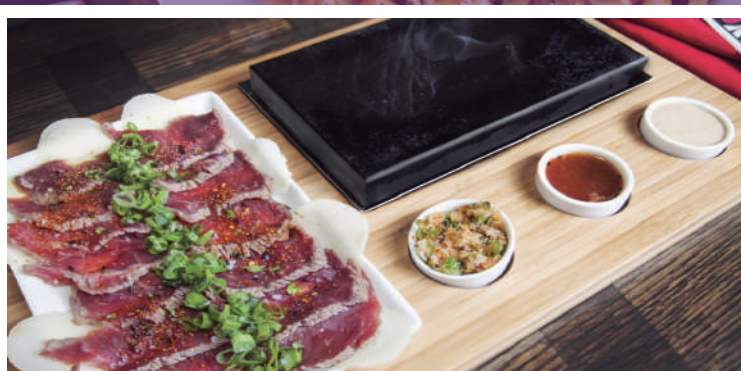
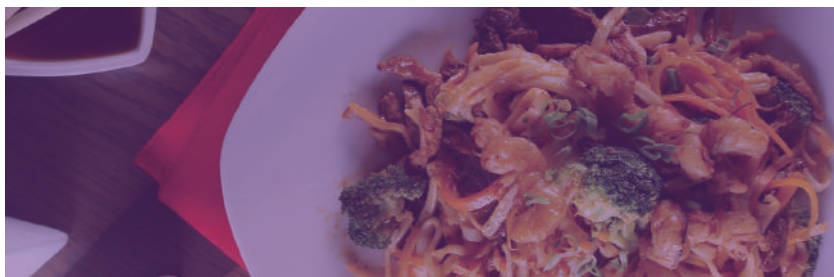
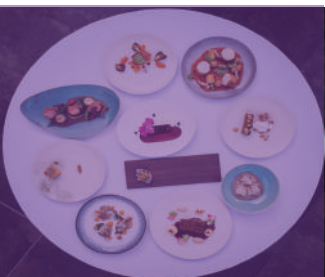
Senora Tanaka

Others (Industrial Area)

IL Castello Di Frabo

Santa Fe

Los Fresnos Restaurante Bar



Sports

The State of Nuevo Leon, besides offering an excellent quality of life in relation to health, restaurants and education, also offers the opportunity to carry out activities like running, cycling, swimming, tennis, golf, among other sports.

For the past 4 years Nuevo León has been hosting the IRONMAN 70.3. The race is held in downtown Monterrey, where more than 2,500 triathletes from around the world participate.

Places for Sports Activities

Cola de caballo
Huasteca
Chipinque
Matacanes
Parque La Estanzuela
Parque Fundidora
Paseo Santa Lucia
Parque Niños Héroes

Golf Courses

Campestre Monterrey Club
Las Aves
Las Cruces
Monterreal
Valle Alto
La Herradura
Ciudad del Sol, Allende
Terralta Residencial & Country Club
Monterreal
Valle Alto
La Herradura



DON'T FORGET TO TRY TO ATTEND A SOCCER GAME IN NUEVO LEÓN. TIGRES AND RAYADOS ARE TWO OF THE MOST POPULAR SOCCER TEAMS IN MEXICO



Museums

The great museums have made Nuevo Leon one of the most interesting cultural destinations in all of Mexico. They are spaces dedicated to learning and to the contemplation of art, science and culture.

Nuevo León is not a State with hundreds of museums, but quality comes before quantity, its large venues are few, but very good. These are large, educational museums without being overwhelming and possess an excellent museography that makes them fun for everyone.

History Museums

National in the Museum of Mexican History

MUNE Museum of the Northeast

Palace Museum

Industry Museums

Museum of Glass

Museum of Steel Oven 3

Art

The Museum of Contemporary Art of Monterrey (MARCO)

Center for the Arts

Children

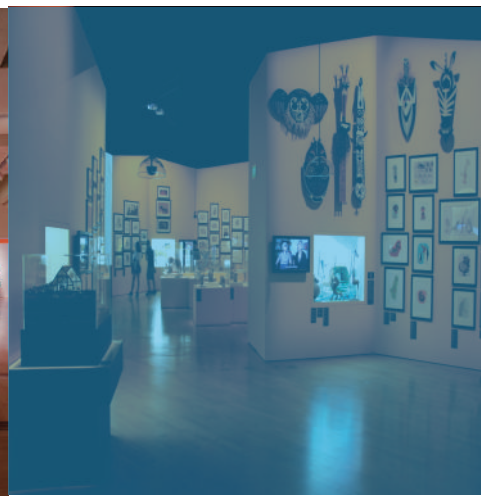
The Alpha Planetarium

CONARTE Kids

Papalote Children's Museum

Ciudad del Sol, Allende

Terralta Residencial & Country Club



Shopping centers

Nuevo León has numerous top notch shopping centers, where the best national and international brands of a wide range of products come together. Therefore, it is a shopping paradise for everyone. This is a list of some of the best shopping centers in Nuevo León, most of them located in Monterrey Metropolitan Area:

- Paseo San Pedro
- Fashion Drive
- Plaza Fiesta San Agustín
- Metropolitan Center
- Avanta Gardens
- Esfera
- Punto Valle
- Galerías Monterrey
- Galerías Valle Oriente
- Paseo La Fe
- Plaza 401
- Pueblo Serena
- Arboleda



“Pueblos Mágicos”

“Pueblos Mágicos” or Magic Towns is a classification in the tourism industry in Mexico that consider towns with symbolic attributes, legends, history, transcendent facts, daily life, that emanate in each one of its socio-cultural manifestations. Nuevo León currently has 1 historial center and 2 Magic Towns that are perfect for visiting during the weekend with your friends and family.

BARRIO ANTIGUO.



SANTIAGO, NUEVO LEÓN.



LINARES, NUEVO LEÓN.



Hotels

Nuevo Leon has a wide range of hotels distributed in the most important areas of the State. From five-star hotels to temporary apartments, each of them offers an excellent service whether your visit is for business or tourism.

APODACA (AIRPORT AREA)

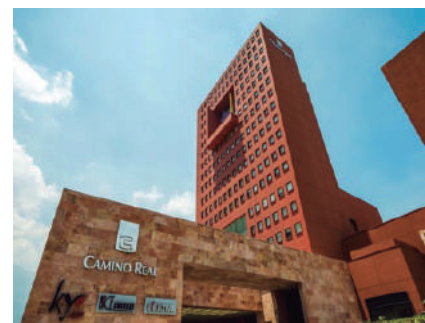
Hilton Garden Inn Aeropuerto
Courtyard by Marriott Monterrey Aeropuerto
Crowne Plaza Monterrey Aeropuerto
Best Western Premier Monterrey Aeropuerto
Holiday Inn Express & Suites Monterrey Aeropuerto

MONTERREY (DOWNTOWN)

Fiesta Americana Pabellon M
Crown Plaza
Holiday Inn Cintermex

SAN PEDRO GARZA GARCÍA (SOUTH AREA)

Live Aqua Urban Resort Monterrey
Quinta Real Monterrey
Grand Fiesta Americana Monterrey Valle
Camino Real Monterrey
Safi Royal Luxury
MS Milenium



Climate

Monterrey has a semi-arid climate. It is one of the warmest major cities in Mexico. Summers are generally hot, spring and fall temperate, and winters mild, with temperatures rarely below freezing. The average high in August is 35 °C (95 °F) and the average low is 23 °C (73 °F). The average January high is 21 °C (70 °F) and the average low in January is 8 °C (46 °F). Rainfall is scarce in winter, but more frequent during May through September.

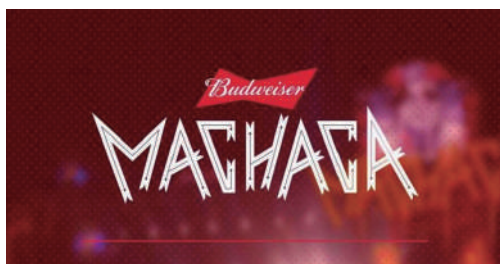
Monterrey frequently experiences extreme weather changes; for example, it sometimes reaches 30 °C (86 °F) in January and February, the coldest months. The most extreme weather changes in summer occur with rainfall, which can reduce temperatures significantly, and the temporary absence of the northern winds in winter, which can lead to abnormally high temperatures. Seasons are not well defined; the warm season may start in February and may last until September.

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
Record high °C (°F)	38.0 (100.4)	39.5 (103.1)	43.0 (109.4)	48.0 (118.4)	46.0 (114.8)	45.0 (113)	41.5 (106.7)	42.5 (108.5)	41.0 (105.8)	39.0 (102.2)	39.0 (102.2)	39.0 (102.2)	48.0 (118.4)
Average high °C (°F)	20.7 (69.3)	23.2 (73.8)	26.9 (80.4)	30.0 (86)	32.2 (90)	33.8 (92.8)	34.8 (94.6)	34.5 (94.1)	31.5 (88.7)	27.6 (81.7)	24.1 (75.4)	21.2 (70.2)	28.4 (83.1)
Daily mean °C (°F)	14.4 (57.9)	16.6 (61.9)	20.0 (68)	23.4 (74.1)	26.2 (79.2)	27.9 (82.2)	28.6 (83.5)	28.5 (83.3)	26.2 (79.2)	22.4 (72.3)	18.4 (65.1)	15.1 (59.2)	22.3 (72.1)
Average low °C (°F)	8.2 (46.8)	10.0 (50)	13.2 (55.8)	16.7 (62.1)	20.2 (68.4)	22.0 (71.6)	22.3 (72.1)	22.5 (72.5)	20.9 (69.6)	17.2 (63)	12.7 (54.9)	9.1 (48.4)	16.3 (61.3)
Record low °C (°F)	-7 (19)	-7 (19)	-1 (30)	5.0 (41)	8.0 (46.4)	11.5 (52.7)	11.0 (51.8)	12.2 (54)	2.0 (35.6)	2.0 (35.6)	-5 (23)	-7.5 (18.5)	-7.5 (18.5)
Average precipitation mm (inches)	16.6 (0.654)	16.5 (0.65)	19.9 (0.783)	29.7 (1.169)	52.3 (2.059)	68.4 (2.693)	43.0 (1.693)	81.6 (3.213)	150.6 (5.929)	75.1 (2.957)	23.0 (0.906)	14.1 (0.555)	590.8 (23.26)
Average precipitation days (≥ 0.1 mm)	4.2	3.8	3.4	4.5	5.7	5.6	3.9	6.4	8.2	6.5	4.1	3.4	59.7
Average snowy days	0.03	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.03
Average relative humidity (%)	67	64	58	61	66	66	63	63	69	71	68	69	65
Mean monthly sunshine hours	142	154	195	193	192	206	249	242	200	170	163	133	2,239



Music Festivals

For several years, Nuevo León has become one of the main venues for music festivals in Mexico, with a variety of events to cover almost all tastes:



Pa'l Norte, Nuevo León.

